

Carbon Reduction Plan

ADVOCACY SUPPORT IN CYMRU LTD

Company Number: 07524059

Reporting Period: 1st April 2025 to 31st March 2026

Date: 29/07/2026

Net Zero Target: 2050

Created by

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Corporation

Executive Summary

This Carbon Reduction Plan outlines ADVOCACY SUPPORT IN CYMRU LTD's commitment to achieving Net Zero greenhouse gas emissions and details our strategy for reducing carbon emissions across our operations.

Advocacy Support Cymru is a registered Welsh Charity that employs approximately 50 independent advocates, who ensure individuals have their voices, views and wishes heard when decisions are made regarding their care, treatment or living arrangements. ASU provides a range of essential services across Wales, including Independent Mental Health Advocacy, Independent Mental Capacity Advocacy, Community Advocacy, and Specialist Advocacy.

Our baseline emissions for 2025 (1st April 2025 to 31st March 2026) totalled 130.64 tCO₂e, comprising:

- Scope 1 (Direct emissions): 13.39 tCO₂e
- Scope 2 (location based): 11.81 tCO₂e
- Scope 2 (market based): 11.81 tCO₂e
- Scope 3 (Other indirect emissions): 105.44 tCO₂e

This report establishes our baseline emissions for 1st April 2025 to 31st March 2026, totaling 130.64 tCO₂e. This baseline will be used for future carbon reduction planning and progress measurement.

We are committed to achieving Net Zero emissions by 2050 through a comprehensive program of carbon reduction measures, including energy efficiency improvements, renewable energy adoption, and sustainable transport initiatives.

This plan demonstrates our compliance with PPN 006 (previously PPN 06/21) requirements and our ongoing commitment to environmental responsibility and climate action.

Commitment to Net Zero

Advocacy Support Cymru is committed to achieving Net Zero emissions for all UK operations by 2050, in line with the UK Government's net zero target.

Baseline Emissions Footprint

Baseline emissions are a record of the greenhouse gases that have been produced in the baseline audit period. For ADVOCACY SUPPORT IN CYMRU LTD this period was the financial period 1st April 2025 to 31st March 2026.

This is Advocacy Support Cymru's first year of carbon reporting, completed in line with the required categories of PPN 006. The baseline emissions have been calculated for the financial period of 1st April 2025 to 31st March 2026. This baseline includes all operational Scope 1 and Scope 2 emissions, alongside key Scope 3 categories: upstream transportation and distribution, waste generation, water consumption, business travel, and employee commuting. Downstream transportation and distribution has been assessed as not applicable to our service-based operations and is therefore excluded from this baseline.

Baseline: 1st April 2025 to 31st March 2026

Emissions Scope	Emissions (tCO ₂ e)
Scope 1	13.39
Scope 2 (location based)	11.81
Scope 2 (market based)	11.81
Scope 3	105.44
Total Emissions	130.64

Scope 3 Emissions Breakdown

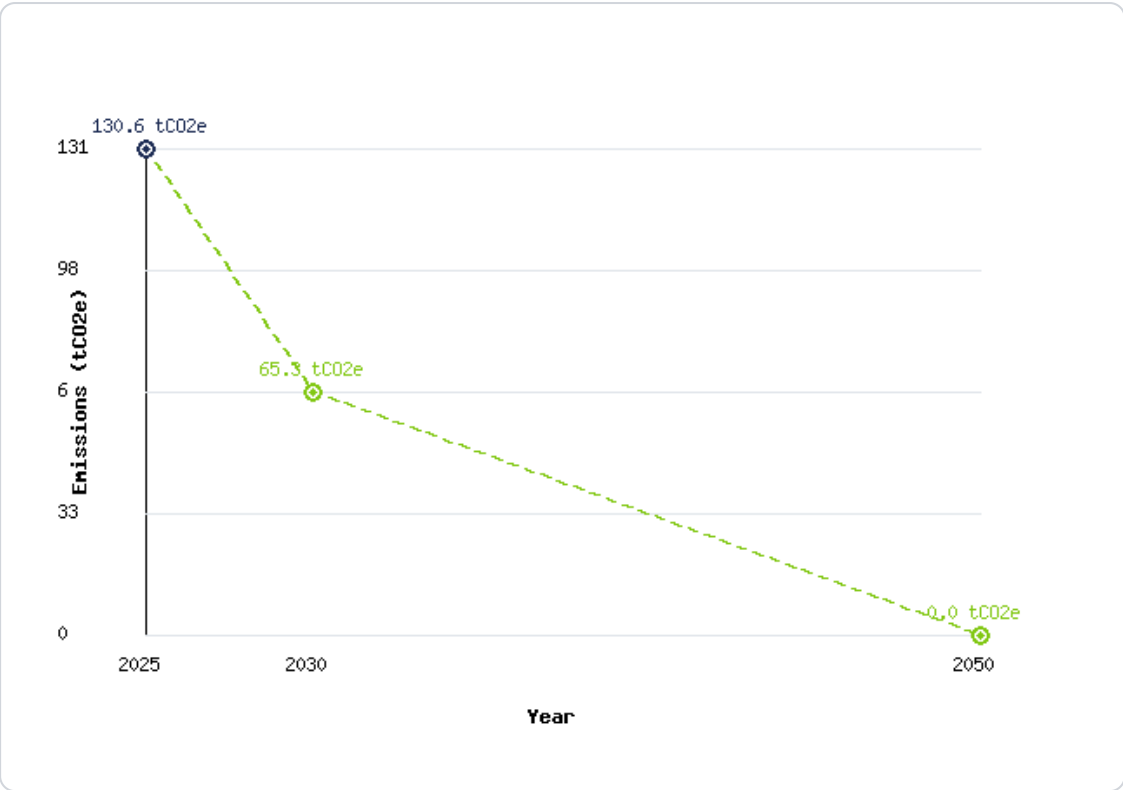
Scope 3 Category	Emissions (tCO ₂ e)
Scope 3.3 Fuel and Energy Related Activities	12.18
Scope 3.4 Upstream Transport & Distribution	1.29
Scope 3.5 Waste	0.13
Scope 3.6 Business Travel	19.95
Scope 3.7 Employee Commuting	71.90
Total Scope 3	105.44

Carbon Reduction Targets

Our Target

50% reduction in total emissions by 2030 compared to 2025 baseline

Emissions Reduction Trajectory



Key Milestones

- 2030** 50% reduction from baseline
- 2050** 100% reduction from baseline

Carbon Reduction Measures

The following environmental management measures and projects have been completed or are planned to be completed in the coming financial period. The carbon emission reduction of these measures has been estimated where possible.

Cycle to Work scheme

Planned

Employee commuting currently represents AS Cymru's largest source of emissions. To address this, we will look to implement a Cycle to Work scheme to incentivise active travel. By providing staff with access to bicycles and cycling equipment, we will reduce our reliance on high-emission vehicles while simultaneously promoting employee health and well-being.

Engage Carbon Portal

Planned

To foster a company-wide culture of sustainability, AS Cymru will deploy an Employee Carbon Engagement Portal for the upcoming reporting year. This platform will provide staff with customised recommendations based on their commuting and lifestyle habits, effectively serving as interactive carbon awareness training. By empowering employees to measure and reduce their personal carbon footprints, we anticipate a measurable decrease in our overall Scope 3 emissions.

Switching to renewable gas in the Cardiff Office

Planned

While our Swansea office is already free of natural gas, our Cardiff office currently relies on it for heating. To decarbonise this facility, AS Cymru will aim to transition to a 100% renewable green gas tariff. This gas will be procured from reputable suppliers and fully backed by Renewable Gas Guarantees of Origin (RGGOs). Because this transition requires no infrastructure modifications, it represents a highly efficient, low-cost, and high-impact action to eliminate our Scope 1 gas emissions. Progress on this transition will be reviewed and reported annually.

Switching to renewable energy at both sites

Planned

To eliminate our Scope 2 electricity emissions, AS Cymru will aim to transition to a 100% renewable electricity tariff across both the Cardiff and Swansea offices. By procuring power verified by Renewable Energy Guarantees of Origin (REGOs), AS Cymru will ensure electricity is sourced exclusively from zero-carbon generation, such as wind, solar, or hydro. This is a high-impact measure that instantly decarbonises the day-to-day power usage of both sites.

LED/energy-saving lighting installed across both offices

Completed

AS Cymru has installed LED and energy-saving lighting across both office sites. LED lighting uses significantly less electricity than traditional lighting, directly reducing energy-related emissions, and its longer lifespan reduces the frequency of replacements and the associated waste.

PIR (passive infrared) sensors in lower traffic areas to cut lighting energy

Completed

AS Cymru has installed PIR (Passive Infrared) sensors in lower-traffic areas across both offices. These sensors ensure lighting is only active when spaces are in use, cutting unnecessary energy consumption and further reducing energy-related emissions.

Community recycling hub for harder-to-recycle items

Completed

AS Cymru has partnered with TerraCycle to operate a community drop-off point for hard-to-recycle items, including empty Pringles tubes and LDPE4 bread bags. AS Cymru manages collection and packaging of this waste before sending it in bulk to TerraCycle for specialist processing, diverting materials from landfill that fall outside standard council recycling streams. AS Cymru also recycles coffee pods and inkjet cartridges.

Predominately remote working (reduced commuting)

Completed

AS Cymru operates a predominantly remote working structure, with most employees attending the office just one day a week. Being a predominantly remote working charity alongside trying to care share whenever feasible substantially reduces commuting-related emissions across the workforce.

TRV's and temperature controls on all radiators, smart thermostats and meters.

Completed

AS Cymru has installed Thermostatic Radiator Valves (TRVs) on all radiators, enabling individual room temperature control and preventing the energy waste caused by overheating from manual valves. AS Cymru has also implemented smart thermostats, which reduce emissions through automated energy-saving schedules, precise temperature settings, and easy remote access to heating controls.

Methodology & Standards

Calculation Method

GHG Protocol Corporate Accounting and Reporting Standard

Emissions Factors

DEFRA/BEIS 2025

Data Quality Assessment

Emissions data across Scopes 1, 2, and 3 was collected using a range of available information. Scope 1 and 2 emissions, alongside water consumption, were calculated using high-quality data extracted directly from utility bills. Scope 3, Category 6 (Business Travel) was similarly calculated using precise data, incorporating exact mileage and vehicle registration numbers. For the remaining relevant Scope 3 categories, specifically Category 4 (Upstream Transportation), Category 5 (Waste Generated in Operations), and Category 7 (Employee Commuting), emissions were calculated using a combination of spend-based and activity-based methodologies.

Declaration and Sign-Off

This Carbon Reduction Plan has been completed in accordance with PPN 006 and associated guidance and reporting standard for Carbon Reduction Plans.

Emissions have been reported and recorded in accordance with the published reporting standard for Carbon Reduction Plans and the GHG Reporting Protocol corporate standard and uses the appropriate government emission conversion factors for greenhouse gas company reporting.

Scope 1 and scope 2 emissions have been reported in accordance with SECR requirements (where required), and the required subset of scope 3 emissions have been reported in accordance with the published reporting standard for Carbon Reduction Plans and the Corporate Value Chain (Scope 3) Standard.

This Carbon Reduction Plan has been reviewed and signed off by the board of directors (or equivalent management body).

Kathryn Smith
Chair

Date: 2026-07-29

Digital Signature: Digitally signed
by Kathryn Smith on 29/07/2026

Document Information

Document Version: 1.0

Last Updated: 29/07/2026

Compliance: PPN 006

Standard: GHG Protocol